



INVICTUSTM
MARTIAL ARTS

WEEKDAY SESSIONS

HOMESCHOOL MMA	WEDNESDAY 11:00-11:45AM
TINY TITANS (3-5YRS)	MONDAY OR WEDNESDAY 4:00-4:30PM
MMA BEGINNERS	MONDAY/WEDNESDAY 4:45-5:30PM
MMA INTERMEDIATE	MONDAY/WEDNESDAY 5:45-6:30PM
MMA BEGINNERS	MONDAY/WEDNESDAY 6:45-7:30PM
MMA ADVANCED	MONDAY/WEDNESDAY 7:45-8:30PM
LIVE-STREAM (ALL)	TUESDAY/THURSDAY 4:00-4:45PM
ADULT MMA	TUESDAY/THURSDAY 5:15-6:00PM
MMA BEGINNERS	TUESDAY/THURSDAY 6:15-7:00PM
MMA INTERMEDIATE	TUESDAY/THURSDAY 7:15-8:00PM

SATURDAY SESSIONS

MMA BEGINNERS	9:00-9:45 AM
MASTERY BEGINNERS	9:45-10:15 AM
MMA INTERMEDIATE	10:15-11:00 AM
MASTERY INTERMEDIATE	11:00-11:30 AM
MMA ADVANCED	11:30 AM-12:15 PM
MASTERY ADVANCED	12:15-12:45 PM