



USE THE CHART PROVIDED TO HELP FIND YOUR SPECIFIC UNIFORM SIZE

	UNIFORM AND BELT SIZE	HEIGHT	WEIGHT	SIZE EQUIVALENT
MEN'S	M00	3'9" TO 4'	UP TO 50 LBS	000/00
	M0	4' TO 4'3"	50 - 60 LBS	00/0
	M1	4'3 TO 4'6"	65 - 80 LBS	0/1
	M2	4'6" TO 4'9"	80 - 95 LBS	1/2
	M3	4'9" TO 5'	95 - 110 LBS	2
	JUNIOR	5' TO 5'2"	100 - 120 LBS	2/3
	A1	5'2 TO 5'5"	110 - 140 LBS	3
	A2	5'5 TO 5'9"	140 - 170 LBS	3/4
	A3	5'9 TO 6'1"	170 - 200 LBS	4/5
	A4	6' TO 6'4"	200 - 250 LBS	5/6
WOMEN'S	A5	6' TO 6'4"	225 - 275 LBS	6/7
	F1	4'7" TO 5'	83 - 99 LBS	2
	F2	5' TO 5'4"	99 - 110 LBS	2/3
	F3	5'4" TO 5'6"	119 - 143 LBS	3/4
	F4	5'6" TO 5'10"	143 - 169 LBS	4